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# HISTORY COLORADO CENTER

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**LIVING WEST ACTIVITY BOOK**

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HISTORY *Colorado*  
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# Life in the Mesa Verde Region

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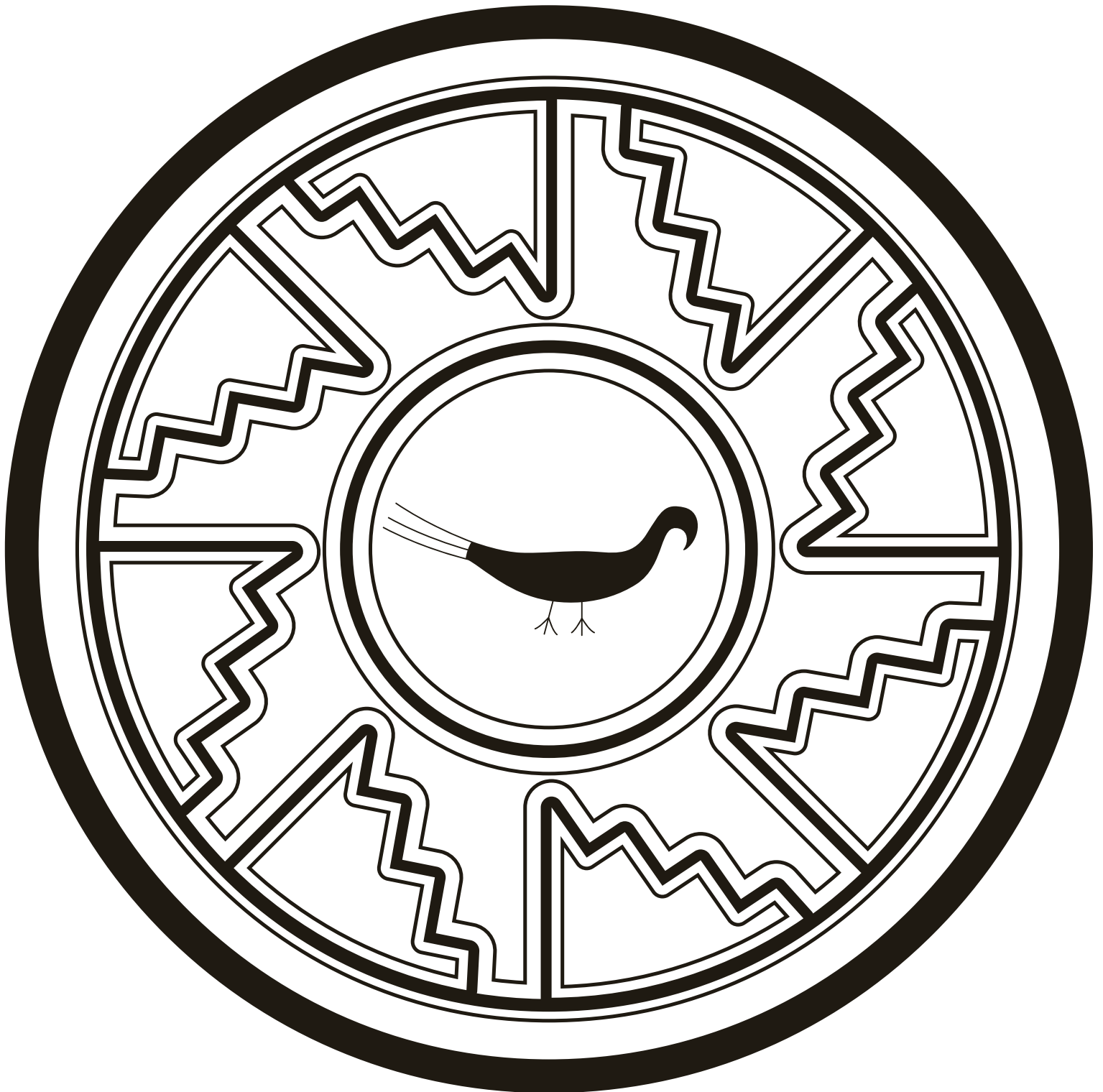
Hundreds of years ago, Pueblo people built houses in cliffs, on mesa tops and in canyons or canyon rims. They made pottery, grew corn, beans and squash, and raised turkeys to eat.

When you visit *Living West*, you can weave rope, paint a pot and see real pottery from Mesa Verde.

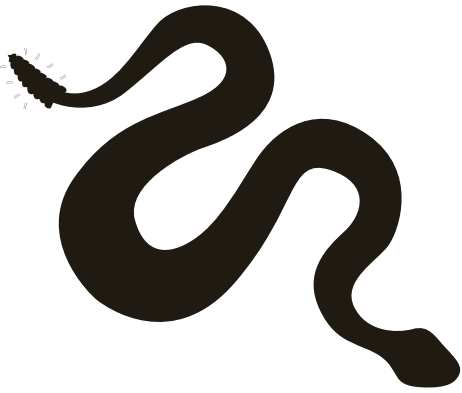
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COLOR A PUEBLO BOWL



**RATTLESNAKE RATTLE**

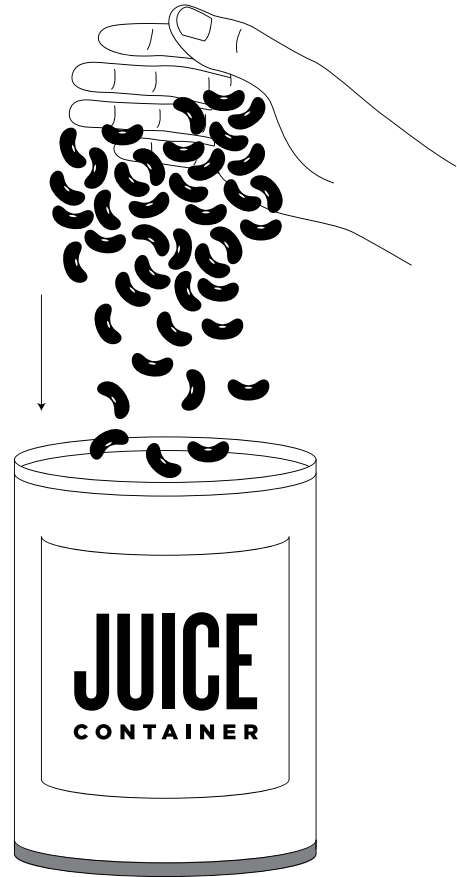


**STEP TWO**



Replace the lid of the container or cover with foil and a rubber band.

**STEP ONE**



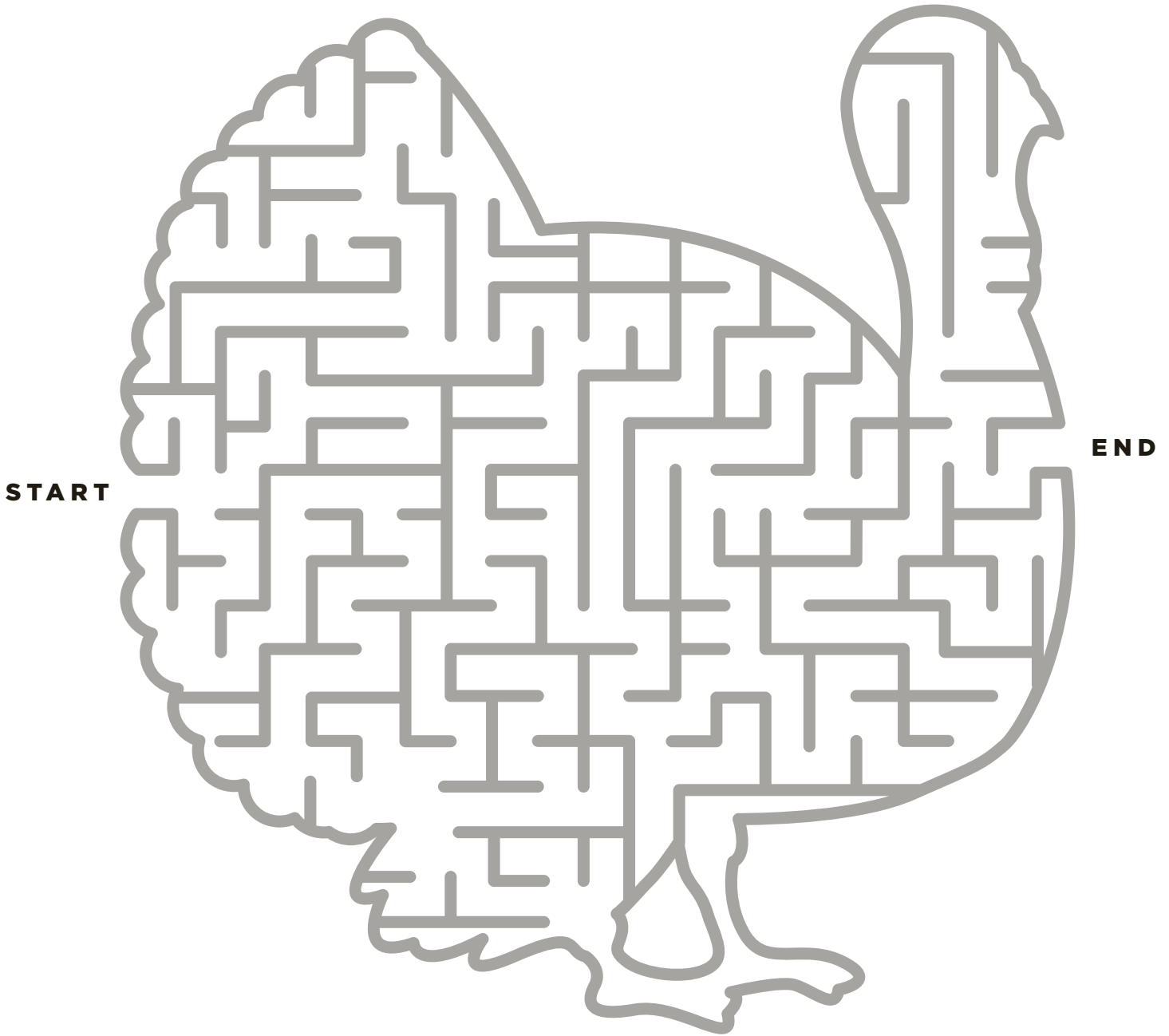
Place dry beans into a frozen juice container.

**STEP TWO**

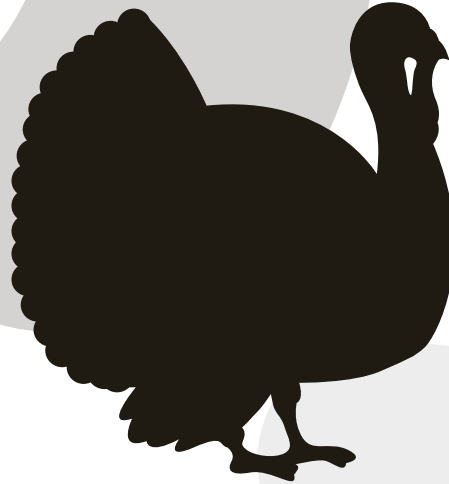


Shake for the sound of a rattlesnake!

**COMPLETE THE TURKEY MAZE**



### THREE-BEAN TURKEY CHILI



Ancient Puebloan families grew corn and beans and raised turkeys. Here is a recipe that uses all three!

#### INGREDIENTS



- 2-2 1/2 lb ground turkey
- 1 can each red kidney beans, white kidney beans, pinto beans
- 1 15-oz can tomato sauce
- 1 can diced tomatoes
- 1 large onion chopped
- 1 can corn
- 1 large green pepper
- 2 cans chopped green chilis
- 3 cloves garlic minced
- 1 Tbsp ground cumin
- 1 Tbsp chili powder

#### INSTRUCTIONS



Brown turkey. Stir in beans, tomato sauce, vegetables, spices. Reduce heat, cover, and simmer 2 hours. Top with cheese as desired.



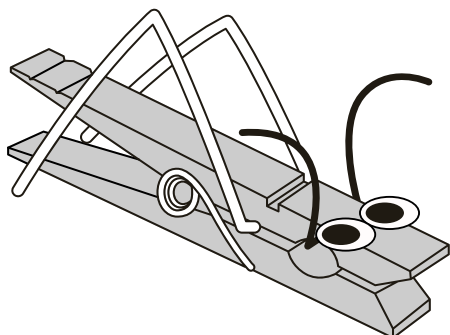
# Life in the Dust Bowl

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In the 1930s, it got so dry that winds blew farm fields into huge dust storms. They called it the “Dust Bowl.” Grasshoppers were everywhere. They ate crops, grass, even the clothes on clotheslines!

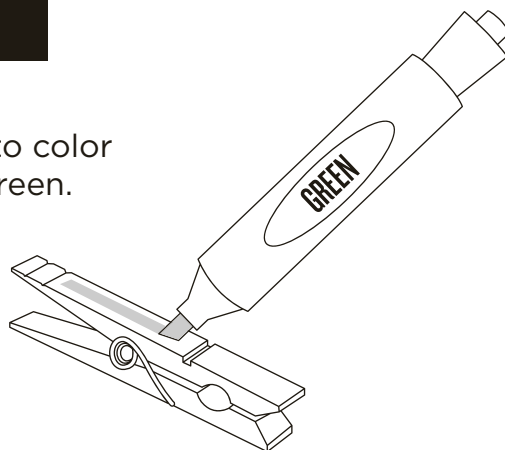
When you visit *Living West*, step inside a farmhouse and experience what it was like to be in the biggest “black blizzard” of all.

### CLOTHESPIN GRASSHOPPER



### STEP ONE

Use marker to color clothespin green.



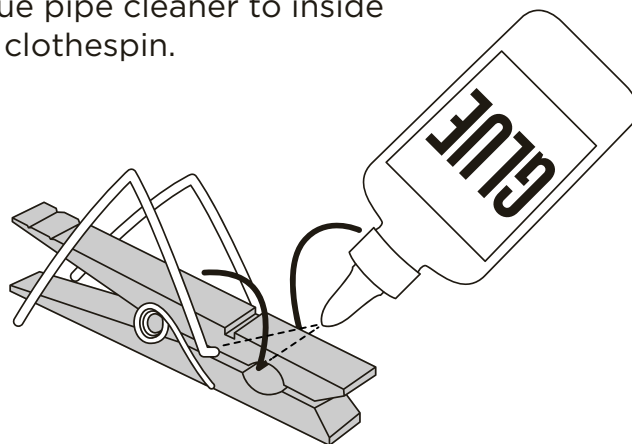
### STEP TWO



Bend longer pipe cleaner into legs.  
Cut other pipe cleaner and bend into antennae.

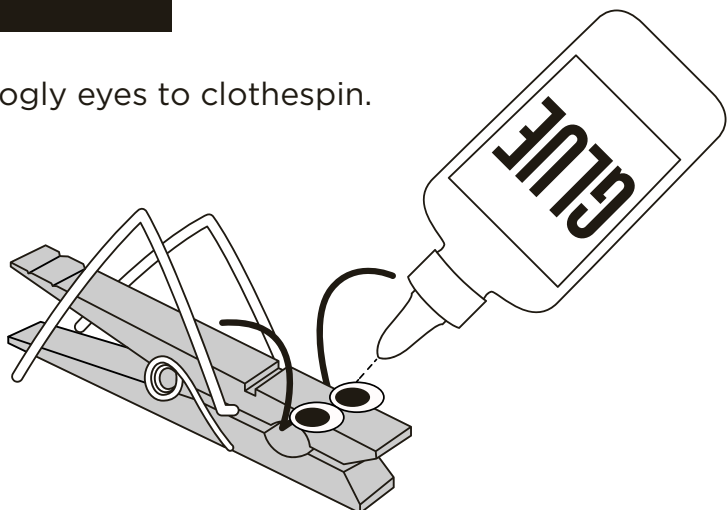
### STEP THREE

Glue pipe cleaner to inside of clothespin.



### STEP FOUR

Glue googly eyes to clothespin.



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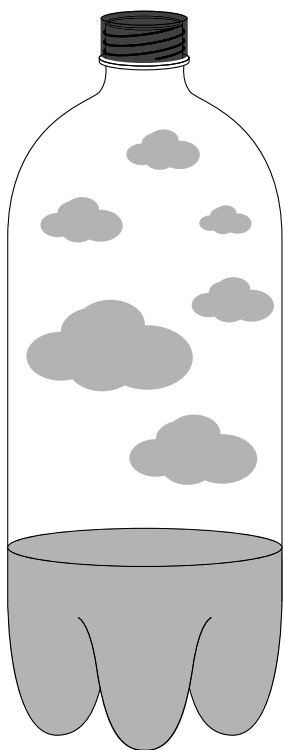
**Hey kids, make your very own clothespin grasshopper!**

**Wear it to the center any day between Nov. 23 and Feb. 28 for a free children's admission to the Living West exhibit.\***

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\*Must be accompanied by paying adult to receive free admission. Limit two free child admissions per paid adult. Valid November 23, 2013 - February 28, 2014. Adult must register in the free History Buff program to redeem offer. Not valid for phone or online advance reservations. Not valid for school or group visits.

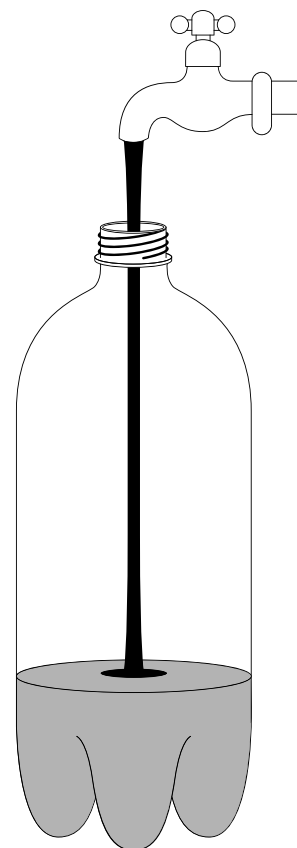


### MAKE YOUR OWN MINI CLOUD



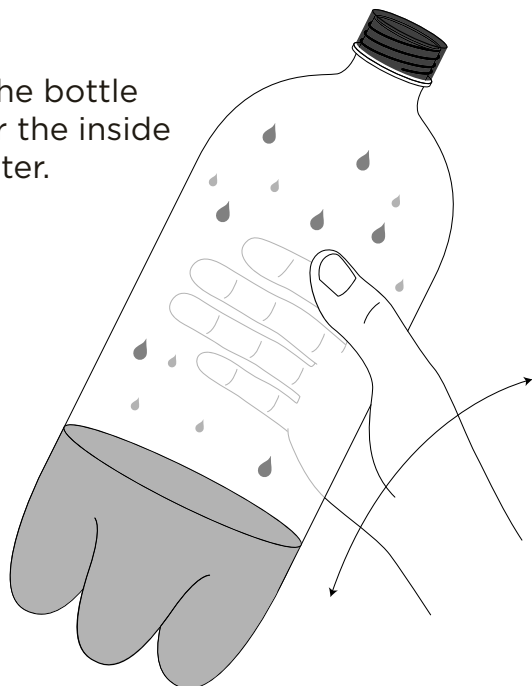
### STEP ONE

Fill the bottom of a clear plastic bottle with warm water. Screw on the lid.



### STEP TWO

Shake the bottle to cover the inside with water.

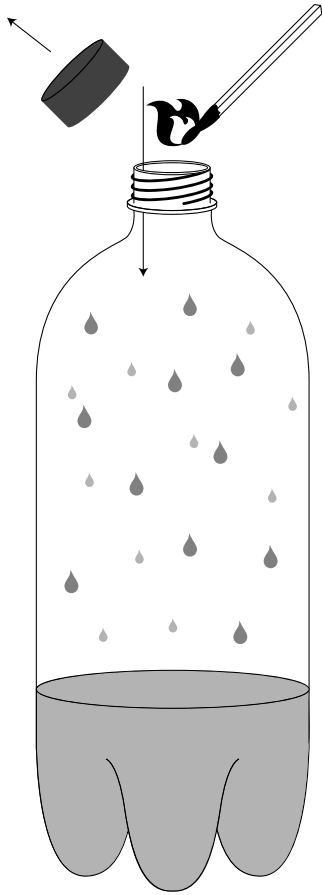


### STEP THREE

Unscrew the cap. With help from an adult, light two matches and drop them inside of the bottle.



**STEP FOUR**



Once the matches go out, screw on the cap to trap the smoke inside of the bottle.

**STEP FIVE**

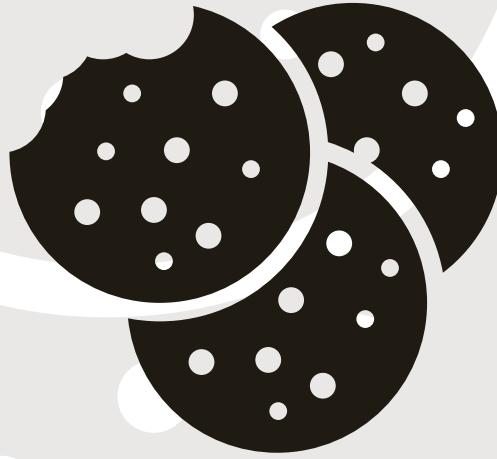
Repeatedly squeeze the bottle hard. Now watch! When you let go of the bottle a cloud forms and disappears again when you squeeze it.



**HOW DOES THIS WORK?**

The warm temperature of the water causes the water to evaporate and rise into the air inside of the bottle. As the water vapors rise to the top of the bottle, the rest of the air cools and causes the water vapor to condense back into liquid. However, before the water vapors can turn back into liquid the smoke inside of the bottle mixes with the condensed water vapor and forms a cloud.

## MOLASSES COOKIES



### INGREDIENTS

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- 2 cups rolled oats ground fine
- 2 teaspoons baking powder
- 1/4 teaspoon salt
- 1/4 cup sugar
- 1 1/2 tablespoons melted shortening
- 1/4 cup molasses
- 1/4 cup milk

### INSTRUCTIONS

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Preheat oven to 350°. In a large bowl mix together the dry ingredients. Add shortening, molasses and milk and beat until smooth. Roll out cookie dough on ground rolled oats counter. Cut out cookies into desired shape. Bake on parchment-lined cookie sheet for 8-12 minutes until centers are slightly puffed and the edges are set.



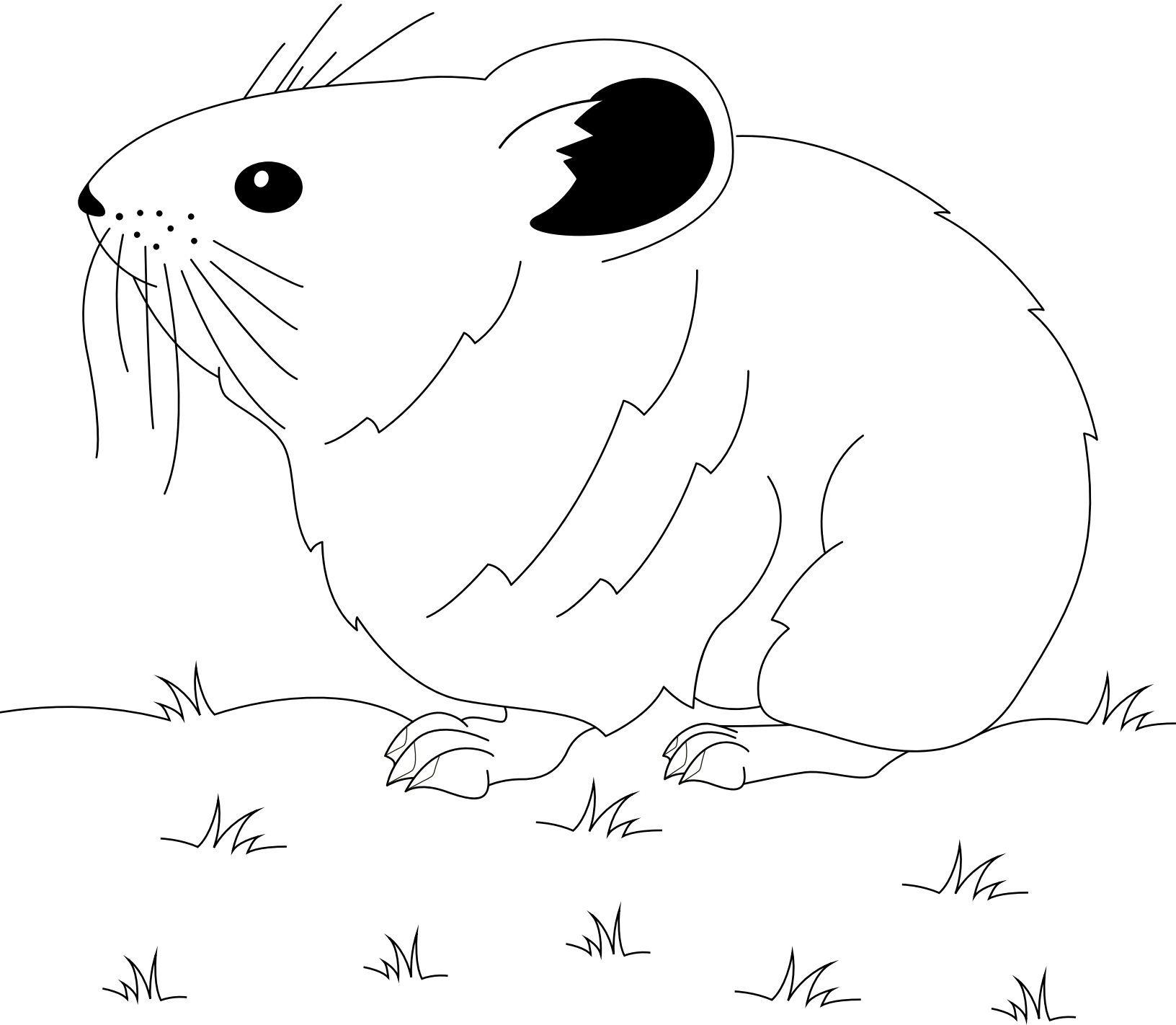
# Life in the Mountains

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People in Colorado love the mountains! They hike, ski and spot wildlife—like pikas, elk, even bears. Have you seen what a bunch of little pine beetles have done to whole forests?

When you visit *Living West*, you can see a pika in a rock pile, a beetle hiding in a tree and a bear looking for lunch in a dumpster.

**COLOR A PIKA**



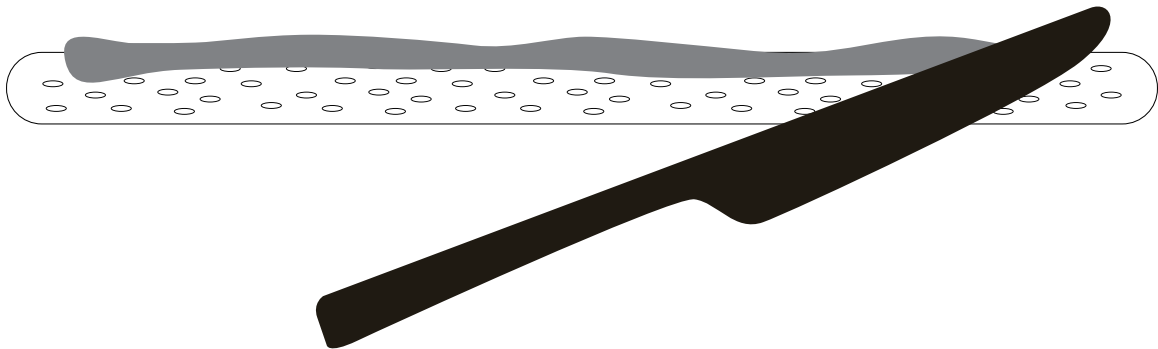
Pikas are high-mountain creatures known for their unique chirp-chirp call.

**PINE BEETLES ON A LOG**

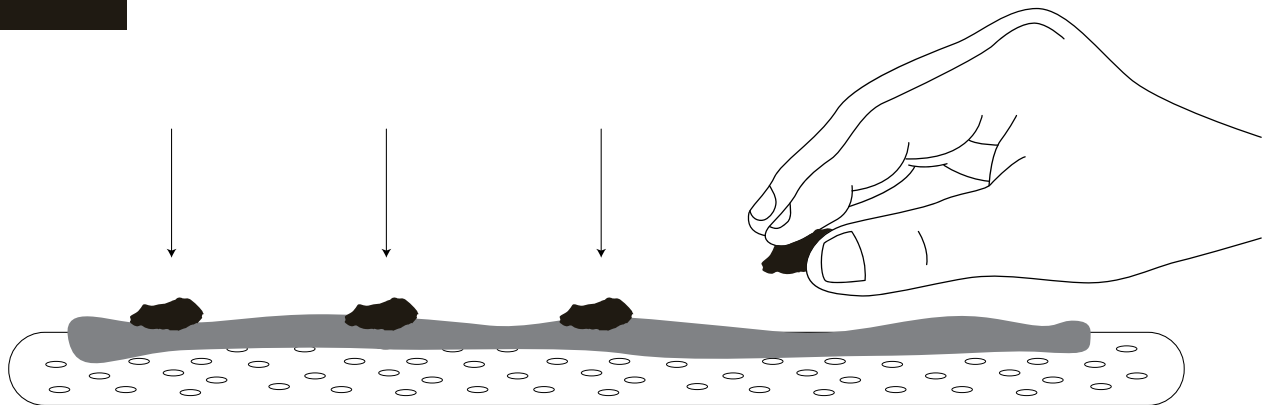


**STEP ONE**

You'll need a pretzel stick, peanut butter and raisins. Spread peanut butter on the top of the pretzel stick.



**STEP TWO**



Place raisins on the peanut butter to form a line. Now you have your very own pine tree with Pine Beetles. Eat them up before they do more damage!

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